



Menu Autumn Term Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef chilli nachos with salsa and whole- meal rice GL	Hotdog (real sausage) with wedges and beans GL	Roast Chicken dinner with seasonal veg and stuffing GL	Homemade chicken pie with mash and fresh vegetables MK, GL	fish fingers and chips with peas/beans F, GL
Option 2	Quorn Nachos GL	Quorn sausage in a roll with wedges and beans GL	Cauliflower Cheese with roast potatoes and seasonal Vegetables MK, M	Vegetable pasta bake GL	Margarita Pizza with chips and beans GL

A jacket potato will be available every day with a variety of toppings (cheese, tuna (F), beans)

Fresh bread, fresh fruit, yoghurt and salad are available every day

Syrup sponge and

Custard

GL E MK

Oat fruit slice

GL

Fruit muffins

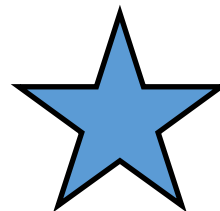
GL E MK

Vanilla iced tray bake

E GL

Fruit salad and ice
cream

MK



GL =Gluten F=Fish E=Egg MK=Milk M=Mustard





Menu Autumn Term Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Spaghetti Bolognese and garlic bread GL	Chicken wrap with savoury rice and sweetcorn and peas GL E	Roast Gammon dinner with seasonal veg	Chicken burger in a bap with fresh vegetables and colslaw GL E MK	Fish and chips with peas/beans GL F
Option 2	Cheese and Tomato pasta with garlic bread GL MK	Vegetable Wrap GL E	Cauliflower Cheese with roast potatoes and vegetables MK	Mac Cheese GL MK M	Homemade cheese whirl with chips and beans GL MK E

A jacket potato will be available every day with a variety of toppings (cheese, tuna (F), beans)

Fresh bread, fresh fruit, yoghurt and salad are available every day

Apple crumble and Custard GL MK E

Rock cake
GL E MK

Cookie
GL E MK

Angel Delight
MK

Ice cream in a cone
GL MK

GL =Gluten F=Fish E=Egg MK=Milk M=Mustard S=Soy

